

**FR. HARRY 'DUTCH' OLIVIER  
SOPHOMORE FRIENDSHIP INVITATIONAL  
AND VARSITY OPEN  
TRACK & FIELD AT BROPHY SPORTS CAMPUS  
MARCH 16 AND MARCH 17, 2017**

2017 TEAMS: BROPHY/XAVIER, CENTENNIAL, CORONA DEL SOL, DESERT VISTA, MOUNTAIN RIDGE,  
AMERICAN LEADERSHIP ACADEMY, MILLENNIUM, MOUNTAIN POINTE

**Thursday Coaches Meeting 1:45 PM 3/16/17.**

**FIELD EVENTS**

**Field Events Begin at 2:30 PM (Sophomore Invite and Varsity Open combined)**

<b>Shot Put</b>	<b>(Girls followed by Boys)</b>
<b>Discus</b>	<b>(Boys followed by Girls)</b>
<b>Long Jump</b>	<b>Boys and Girls – 2 pits (2 seeded flights for 60 minutes)</b>
<b>Triple Jump</b>	<b>After Long Jump (5:30pm)</b>
<b>High Jump</b>	<b>Girls followed by Boys</b>
<b>Pole Vault</b>	<b>Boys followed by Girls</b>

**Running Events - begin at 2:45 PM**

<b>Event # 1</b>	<b>Open 4x 110 High Hurdle Shuttle Relay (Boys/Girls)</b>
<b>Event # 2</b>	<b>4 x 800 M Relay (Open&amp;S) Girls/Boys</b>
<b>Event # 3</b>	<b>100/110 High Hurdles Girls/Boys</b>
<b>Event # 4</b>	<b>Open 100/110 High H. Girls/Boys</b>
<b>Event # 5</b>	<b>100 Meter Dash Girls/Boys</b>
<b>Event # 6</b>	<b>Open 100 Meter Dash Girls/Boys</b>
<b>Event # 7</b>	<b>Open 4x200 Meter Relay Girls/Boys</b>
<b>Event # 8</b>	<b>1600 Meter Run Girls/Boys</b>
<b>Event # 9</b>	<b>Open 1600 Meter Run Girls/Boys</b>
<b>Event # 10</b>	<b>4 x 100 Meter Relay Girls/Boys</b>
<b>Event # 11</b>	<b>Open 4x100 Meter Relay Girls/Boys</b>
<b>Event # 12</b>	<b>400 Meter Dash Girls/Boys</b>
<b>Event # 13</b>	<b>Open 400m Dash Girls/Boys</b>
<b>Event # 14</b>	<b>300 Meter Hurdles Girls/Boys</b>
<b>Event # 15</b>	<b>Open 300 Meter Hurdles Girls/Boys</b>
<b>Event # 16</b>	<b>Open Sprint Medley Relay 1-1-2-4 Girls/Boys</b>
<b>Event # 17</b>	<b>800 Meter Run Girls/Boys</b>
<b>Event # 18</b>	<b>Open 800 Meter Run Girls/Boys</b>
<b>Event # 19</b>	<b>200 Meter Dash Girls/Boys</b>
<b>Event # 20</b>	<b>Open 200 Meter Dash Girls/Boys</b>
<b>Event # 21</b>	<b>3200 M Run with Open Combined Girls and Boys</b>
<b>Event # 22</b>	<b>4 x 400 Meter Relay Girls/Boys</b>

- 1. Number of entries per school:** 4 entries (sophomore or younger) in each individual event and two entries in each of the relays. Girls heats will be run first with the Boys heats to follow. Varsity Open entries limited to 3 entries in individual events and one relay. There will be a maximum of 16 varsity entries per individual event accepted into this meet selected by the top 16 seed times.
2. This meet will be an AIA sanctioned state qualifying meet.
- 3. Sophomore Team Scoring:**10-8-6-5-4-3-2-1 (boys, girls).
- 4. Sophomore Awards:** Medals for the top three (3) places for boys, and girls. Team Trophies will be awarded for 1<sup>st</sup> place Boys and Girls. **NO varsity medals.**
- 5. Track** is all-weather. 1/4" or 1/8" spikes only. No food or drink allowed on the FieldTurf infield inside the track.
- 6. The Coaches meeting and hospitality** will be at 1:45pm in the team room at the NW corner of the track. Changes and scratches will be taken there – we will condense heats. All running events are timed finals – there are no prelims. Athletes will check in before each event near the starting line. Hip numbers will be used for the long distance races.
- 7. Long and Triple Jump** – competitors will be allowed 4 jumps. All boys and all girls will jump in seeded flights. There will be no finals.
- 8. For Shot Put and Discus** we will provide an implement pool. If you want to share your own implement, please bring it to the SW room outside the track at 2:30. Throwers will get three throws and the top 9 will advance to finals for 3 additional throws. Stakes will be used to mark each legal throw; measurements will be taken after each round.
- 9. Pole vault weigh in** will also be in SW room outside the track at 2:00 and 5:00pm.
- 10. The Brophy Sports Complex** is located at 7<sup>th</sup> St. and Highland (entrance to Xavier College Prep). There is **limited parking there so buses will drop-off off teams at the track entrance (7<sup>th</sup> St & Highland) and then park at Brophy (Central Ave and Highland).**
- 11. Team camps** will be outside the north turn of the track or in the east side field. The limited bleacher space is for spectators and coaches. Athletes can warm up on the FieldTurf infield, but no camping in there, and please no food, or drink inside the track.
- 12. Entry fee:** \$300 per school (\$150 boys and \$150 girls). Checks can be made payable to Brophy College Prep, and send to Brophy Track Invitational - 4701 N Central Ave Phoenix, AZ 85012 (602) 264-5291. **Please send by Friday March 3, 2017.**
- 13.** Complete online entry at **athletic.net** . When you enter athletes, the “I” category is for the invitational (frosh/soph group) and the “O” category is for varsity “open” athletes.  
\*Athlete event entry registration deadline is 9PM on Monday, March 13th

**‘Dutch’ Decathlon and Heptathlon:**

**Day 1 events will begin on Thursday 3/16 at 1:30 pm (Decathlon - 100m, long jump\*, shot put\*, high jump\*\*, 400m\*\*\*; Heptathlon - 100m hurdles, high jump\*\*\*\*, shot put\*, 200m\*\*\*\*\*), and the Day 2 events will begin at 11:00 am on Friday 3/17 (Decathlon - 110m hh, discus, pole vault, javelin, 1500m; Heptathlon - long jump, javelin, 800m).**

**\*separate area \*\* After boys HJ 3\* near 3200m 4\* with girls HJ 5\* with meet 200m**

**Registration for multi's - email Coach Bill Kalkman at [bkalkman@brophyprep.org](mailto:bkalkman@brophyprep.org).**